



MENU WK 1
Primary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Alfredo Pasta

A creamy chicken pasta, oven baked to finish, served with garlic bread.

(egg)(mk)(S02)(gl)

Beef Stew

Slow cooked Beef stew combined with seasonal veg served with rustic cheesy mash

(clry)(mk)(S02)

Amritsar Chicken

Succulent pieces of marinated chicken in a delicately spiced creamy masala sauce, served with cumin rice and naan.

(mk)(gl)

TLA Roast Chicken

Roast Chicken served with Roast potatoes, seasonal veg, yorkshire pudding and gravy

(egg)(mlk)(gl)

Meatless Sausage and Spinach Pasta (v)

Meatless farm sausages combined with spinach and a rich Pomodoro sauce and Penne pasta

(mlk)(gl)

**World Food
£2.30**

Jacket Potato Cheese & Beans (v)

Oven baked jacket potatoes with a baked bean and cheese topping.

(mk)(S02)

Med Vegetable Lasagne

Layers of mixed vegetables in an Italian herb sauce, cheese sauce and topped with extra cheese before baking. Served with house salad.

(gl)(mk)(egg)

Bombay Aloo (v)

Small potato chunks cooked in a vegan yoghurt and mustard seed sauce. Served with rice and mini naan.

(gl)(mst)

Quorn Roast (v)

Quorn fillets roasted and served with roast potato, seasonal veg, yorkshire pudding and gravy.

(egg)(gl)(mlk)

Chunky Popcorn Chicken

A childrens favourite, oven baked and served with chunky chips and sweetcorn

(gl)(egg)(mst)

**Daily Staple
£2.30**

Meatless Sausage and Spinach Pasta (v)

Meatless farm sausages combined with spinach and a rich Pomodoro sauce and Penne pasta

(mlk)(gl)

Jacket Potato Cheese & Beans

Oven baked jacket potatoes with a baked bean and cheese topping.

(mk)(S02)

Napoli pasta pot

Pasta shells tossed with tomato sauce, mascarpone cheese, pesto & parmesan and served with garlic bread wedge

(mlk)(gl)

Jacket Potato Cheese & Tuna Mayo

Oven baked jacket potatoes with a Tuna mayo & cheese topping.

(mk)(S02)

Fish & Chips

Friday treat of delicious battered fish and chips. Served with either beans or sweetcorn.

(fsh)(gl)

