



Our Child Friendly Anti-Bulling Policy has been written with support from our Student Leaders. Using student voice from both Primary and Secondary students

What is Bullying?

Bullying is when someone is mean to you over and over again. It can be hitting, name-calling, or leaving you out. Bullying makes people feel sad and scared. This is something that happens more than one. Remember STOP:

Several

Times

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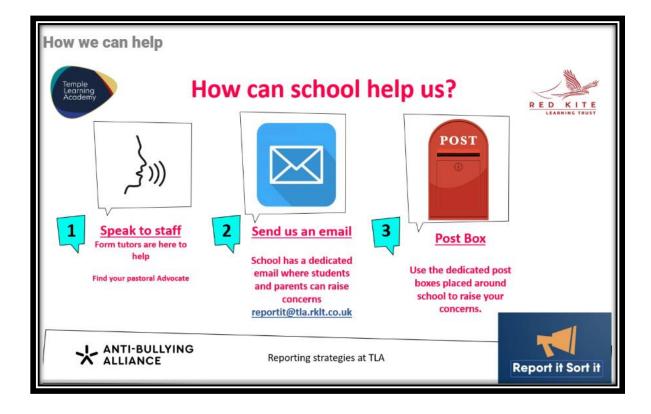
Purpose

Why do we want Bullying to stop?

Bullying is not nice, it makes people feel unhappy and scared. Sometimes this can affect people's self-esteem or left out. All children have the right to be happy and free from bullies. It can make them lose confidence, not want to join in with things on the playground

What to Do if You're Being Bullied

- 1. Tell an adult you trust, like a teacher, pastoral advocate or parent.
- 2. Stay away from the bully and stay with friends.
- 3. Be brave and tell the bully to stop if you feel safe to do so.



How We Help Each Other

At our school, we all help each other. If you see someone being bullied, you can:

- 1. Tell an adult right away.
- 2. Be kind to the person being bullied.
- 3. Include everyone in games and activities.

Our Promise

We promise to keep our school a safe and happy place for everyone. We will always listen to you and help you if you are being bullied.

Our Phrase:

'If you have nothing nice to say, don't say anything at all'