



PERSONAL DEVELOPMENT CURRICULUM

OVERVIEW OF TOPICS

PD is woven into all parts of our curriculum. It is also responsive to the needs of each cohort and the wider school and community. The discrete, mapped curriculum is below.

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Personal, Social and Emotional Development

- Self-regulation
- Managing self
- Building relationships
- Being kind, being safe

Staying Healthy
Special People
Similarities and differences
Money
People who keep us safe
Looking after each other and the wider world

1

2

Recognising our feelings
Anti-bullying
Friendships
Staying safe
Healthy Living
Jobs

Friendships
Teeth and Healthy Eating
Families
Our Community
Staying safe
Health and Wellbeing

3

4

Strengths, skills and interests
Respect
Managing our feelings
Environment
Managing risk
Growing and changing

Safe communications
Identity - including stereotypes
Money
Habits - healthy and unhealthy
Emergency healthcare - drugs
Careers

5

6

Healthy choices
Media Influences - online and wellbeing
Change - independence
Health and growth
Media Influences - content
Relationships, friendships and health

Throughout the year and in all subjects, we cover learning about our CORE Values of Courage, Opportunity, Respect and Excellence.